

# Art of adaptation

workshop to connect the culture outside  
with the creativity inside

## NEW to France?

If you are, there are chances of you facing challenges to adapt to the new culture, the new place. With our workshop you can make this journey enjoyable and an opportunity to grow

## WHY COME?

To share views, experiences about settling in Paris, to absorb the present environment, to experience how art can transform you, or simply to have fun

## WHEN and WHERE?

The workshops start on 16th January 2012 and will run for two weeks, every day except Wednesdays from 9.30 to 13.30.

The workshops take place in Paris, 7 Passage Saint Ambroise, 75011  
Metro: St Ambroise, St Maur, Parmentier

## HOW to participate?

The workshops are free thanks to the support of the European Commission's Lifelong Learning Programme.



Register by 16th December  
at: [info@elaninterculturel.com](mailto:info@elaninterculturel.com)

## workshop schedule

### week 1

**16th January** - The creative passport: introduction to the workshop. Motivations, preconceptions, expectations.



**17th January** - Landing: arriving, exploration of a new culture.



**19th January** - First contact: the tricks and skills of interacting across cultures. Drama and contact improvisation exercises.



**20th January** - "Culture shock": how to turn critical incidents to a source of learning? Theory and playing around conflicts and their resolution.



### week 2

**23rd January** - Inner landscapes: self, identity and their transformation in the new environment



**24th January** - Destinations: where do we want to go, who do we want to become? Creating the dreamt portrait.



**26th January** - Creating a home away from home: finding connections, entry points. Photographic exploration.



**27th January** - Navigating: moving ahead fully equipped: acquisition of tools to structure inner resources.

